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Ventura County Events

26th Annual Fall Harvest Festival Sept. 30th to Oct. 31st 9am to 6pm Underwood Family Farm

Simi Valley Oktoberfest October 7th 12pm to 5pm Lemon Park (Rancho Tapo Community Park)

Seaside Highland Games in Ventura October 14th - 15th Ventura County Fairgrounds

Boo at the Zoo at the Teaching Zoo in Moorpark October 21, 22, 28 and 29 11am to 4pm Moorpark College

Howl-O-Ween Dog Costume Contest October 28th& Market St. Ventura Harbor Village



Why Pets Are Good For Us

Pets require attention and dedication, but those are small prices to pay for the amount of physical and mental benefits they bring into our lives. If you are debating getting one, then the following reasons you should have a pet will likely have you heading out and searching for your next furry (or not so furry) addition to your home.

Pets Help Reduce Stress

It has become very apparent that stress affects our mental and physical health and our world has become more stressful than ever. We live in a fast-paced world which demands our attention and can easily wear us out. There are certain methods to reduce stress, but one of the best is to own a pet. Pets provide support like a best friend because they are always available to listen (without judgement), which can help you unload after a hectic day.



Pets Provide Constant And Loving Companionship

People are not always around when you need them, but pets are. They are constantly giving off love and gratitude, and they are happy to be in your presence. You can be yourself around pets. You can dance silly or talk silly, and they will not judge you. In fact, depending on the pet they will love the silliness and get silly themselves. Of course, unconditional love like that is a good stress

reliever, but constant companionship with a loving being has been shown to improve health in many other ways.

Pets Provide Entertainment

Pets are a great source of entertainment. They are living creatures that have habits, quirks, and personalities that can keep you laughing for hours. The best part is that pet's personalities can distract you from issues you are having, cause you to engage in more heart-healthy laughter, and keep boredom away.

Welcome to Ventura Management!

Don Buhr Monica Smith Rachel Reese

Happy Halloween!



- Need to buy or sell your home? Ask how we can save you thousands!
- Know someone who needs help with property management. We can help!

Chris Marsh has been in the real estate business and serving the Ventura County area for over 25 years. He is well versed in all types of real estate matters



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Why Pets Are Good For Us (Cont.)

Pets Give You Something To Be Responsible For

No matter what type of pet you get, it will require you to take care of it. Being responsible for another living being can help you be more responsible in the rest of your life too. This is especially true for kids who are learning the value of routine and good habits. However, adults can benefit from the consistent responsibility as well.

Pets Teach You To Be More Compassionate

Love and compassion are necessities, not luxuries. Without them humanity cannot survive." Dalai Lama . We need more compassion in our lives, both self-compassion and compassion towards others. Owning a pet who depends on you for survival, good health, and happiness, can definitely cause you to become a more compassionate person. You have to look outside of your own wants and needs, and look into their wants and needs.

Pets Increase Your Ability To Read Nonverbal Communication

A pet cannot speak, so you have to be able to read their cues and body language. You will be amazed at how this ability can transfer into your daily life with other people. It is said that almost 90% of communication is nonverbal. Having a good grasp on it can help you have better relationships both in your personal and work life. This can benefit your happiness and financial future.



Pets Can Sense Danger

We all know that dogs will bark when they sense someone near the house, and that can be very good for home security. No matter what kind of pet you get, animals seem to have a sense of danger that we don't always have, and a pet just may save your life!

October Quote:

Remember, the mind is your best muscle. Big arms can move rocks, but big words can move mountains.

... Sylvester Stallone

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